

**CHEF MANAGER**

JUSTIN M. RICE

**BROWN SCHOOL  
OCTOBER 2018**

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	
<p><u>AM SNACK</u> MONDAY – BELVITA TUESDAY – APPLESAUCE WEDNESDAY – GRAHAM CRACKERS THURSDAY-RAISINS FRIDAY – NUTRIGRAIN</p> <p><u>GARDEN MARKET</u> SALAD BAR LOADED WITH AN ASSORTMENT OF FRESH PRODUCE &amp; SPECIALTY SIDES</p> <p><u>DELI FRESH</u> MADE TO ORDER WHOLE GRAIN SANDWICHES AND WRAPS FILLINGS TO INCLUDE TURKEY, HAM, BOLOGNA, CHICKEN SALAD, TUNA SALAD, AMERICAN CHEESE, TOMATOES, ONIONS, LETTUCE, PICKLES, SUNFLOWER BUTTER AND GRAPE JELLY</p> <p><u>LITTLE ITALY</u> WHOLE GRAIN PIZZA CHEESE OR PEPPERONI</p>	<b>1</b>  Macaroni & Cheese Green Beans	<b>2</b>  Chili Cheese Dogs Corn Muffins	<b>3</b>  Baked Potato Bar With Sour Cream, Bacon, Chives & Cheese	<b>4</b>  Chicken Nuggets Sweet Potato Fries	<b>5</b>  Eggplant Parmesan Zucchini & Tomatoes Garlic Bread Ice Cream	<p><u>PM SNACK</u> Monday – Pretzels Tuesday – Grapes Wednesday – Popcorn Thursday – Cheese Sticks Friday – Goldfish</p> <p><u>Broth</u> FRESH HOMEMADE SOUPS DAILY WHOLE GRAIN CRACKERS</p> <p><u>DESSERT</u> A VARIETY OF CANNED &amp; FRESH FRUIT DAILY. CANNED FRUITS ARE PACKED IN WATER WHENEVER POSSIBLE.</p> <p><u>BEVERAGES</u> SKIM &amp; CHOCOLATE MILK WATER</p> <p>*ITEMS SUBJECT TO CHANGE BASED ON AVAILABILITY</p> <p><b>CHEF RICE NEEDS OLD CANDY FOR GINGERBREAD HOUSES</b></p> <p><b>*CANDY NEEDS TO BE NUT FREE*</b></p>
	<b>8</b>  <b>Columbus Day No School Plus Closed</b>	<b>9</b>  Baked Ziti (No Meat) Roasted Broccoli	<b>10</b>  Roasted Sliced Turkey Green Beans Sweet Potatoes	<b>11</b>  Chicken Paprikash with Egg Noodles Peas	<b>12</b>  Salmon over garlic Couscous Steamed Spinach  Fresh Apple Crisp	
	<b>15</b>  Goulash  Wax Beans	<b>16</b>  Chicken Pot Pie	<b>17</b>  <u>Taco Bar</u> Beef or Chicken Soft Shell Cheese, Bacon, Sour Cream, Chives, Pickled Onions	<b>18</b>  Pork Loin with Herbed Mashed Potatoes Fresh Gravy	<b>19</b>  Baked Haddock Garlic Mashed Potatoes Spinach  Lemon Cake	
	<b>22</b>  Macaroni & Cheese  Oven Roasted Tomatoes	<b>23</b>  Veggie Lasagna with spinach, mushrooms and roasted tomatoes	<b>24</b>  <u>Quiche Options:</u> Spinach & Feta Ham & Cheddar Cheese  Tomato, Cucumber & Onion Salad	<b>25</b>  Beef Fajitas Mexican Rice 3 Bean salad	<b>26</b>  Roast Beef Artichoke Spread Mescaline Mix on Hard Roll Pasta Salad  Fudge Brownies	
	<b>29</b>  Spaghetti Bolognese  Roasted Parmesan Broccoli	<b>30</b>  Sloppy Joe Sandwiches on Hard Rolls with Waffle Fries	<b>31</b>  <b>Happy Halloween!</b>  Orange Chicken Purple Jasmine Rice Egg Rolls Cheesy Cauliflower			