

# Coach's Emergency Card

**Brown School**

SINCE  
1893

OFFICE USE ONLY

Last Physical \_\_\_\_\_

Tetanus \_\_\_\_\_

Nurse Clearance \_\_\_\_\_

Sport(s):			
Student's Name	Grade	<input type="checkbox"/> M	<input type="checkbox"/> F
Home Address			Birthdate
Parent/Guardian Name		Home Phone	
Cell Phone	Work Phone	Email	

**In an emergency, if the above parent/guardian cannot be reached, notify:**

Name		Pref. Phone	Alt. Phone
Name		Pref. Phone	Alt. Phone
Doctor	Phone	Dentist	Phone
Health Insurance		Preferred Hospital	
Medical Concerns		Medical Allergies	

### Certification by Parent or Guardian

In the event I cannot be reached, I hereby give permission for my child \_\_\_\_\_ to receive whatever medical attention deemed necessary for any injury while he/she is participating in the Brown School Athletic Program. I also understand that should my child's lenses (contacts/glasses) become displaced or damaged, I am responsible for replacement.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

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# Concussion: Early Signs

## Reported by Athlete

- Headache or head pressure
- Nausea
- Balance problems or dizziness
- Sensitive or light or noise
- Feels sluggish or foggy or groggy or confused
- Concentration or memory problems

## Observed by Coaching Staff

- Athlete appears dazed or confused
- Is confused about assignment
- Forgets plays or events prior/after hit
- Unsure of game, score or opponent
- Moves clumsily or answers questions slowly
- Behavior or personality changes

### If Coaching Staff Suspects a Concussion:

1. Remove athlete from play immediately. If student has any signs or symptoms, they should not return to play.
2. Ensure athlete is immediately evaluated by a health care professional. Don't try to judge the seriousness yourself.
3. Notify athlete's parents about the possible concussion. Give them a concussion fact sheet. Be sure they know athlete should be seen by health care professional experienced in evaluating concussions.
4. Permit athlete to return for play *ONLY* if symptom-free at least 24 hours and has been evaluated and cleared by a licensed physician.

*When in doubt, take them out!*

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